



Icahn
School of
Medicine at
Mount
Sinai



Advances in MOVEMENT DISORDERS

*The 8th Annual NYC
Movement Disorder
CME Symposium*

Icahn School of Medicine
at Mount Sinai
Bonnie M. Davis, MD and
Kenneth L. Davis, MD Auditorium
The Leon and Norma Hess Center for
Science and Medicine
1470 Madison Avenue
New York, NY

Sunday, June 2, 2019

Course Director

VICKI SHANKER, MD
Assistant Professor of Neurology
Neurology Residency Program Director
Movement Disorder Center
Mount Sinai Downtown

Co-Director

SUSAN B. BRESSMAN, MD
Professor of Neurology
Mirken Family Chair
Movement Disorder Center
Mount Sinai Downtown

Sponsored by

Division of Movement Disorders
Department of Neurology
Icahn School of Medicine at Mount Sinai

<http://mssm.cloud-cme.com>

PROGRAM DESCRIPTION

This full-day annual symposium provides clinicians in the tri-state community with a comprehensive update of treatment approaches to the diagnosis and management of movement disorders. A broad spectrum of diseases including Parkinson disease (motor and non-motor symptoms, including cognitive and psychiatric), atypical parkinsonian conditions, tremor, dystonia, and tics & Tourette syndrome will be addressed. Through video case review, didactic lecture, and interactive discussions with expert clinicians, attendees will learn about current medical and cutting-edge diagnostic and management options including local injections of botulinum toxin and deep brain stimulation (DBS).

LEARNING OBJECTIVES

- **Recognize** the clinical presentations (abnormal movements) that characterize movement disorders.
- **Devise** an appropriate diagnostic and management strategy for the patient with advancing Parkinson disease, including management of cognitive, psychiatric, and other non-motor symptoms.
- **Describe** an appropriate movement disorder candidate for DBS (deep brain stimulation) surgical intervention.
- **Recognize** the symptoms of atypical Parkinson disease.
- **Discuss** the impact of exercise on Parkinson disease.
- **Recognize** the clinical syndrome of dystonia, list current treatment approaches including local injections of botulinum toxin and deep brain stimulation (DBS), and discuss genetic testing and its implications.
- **Discuss** management strategies for tics and common co-morbidities in Tourette syndrome.

Who Should Attend?

This CME activity is designed for adult and child neurologists as well as other specialists in related fields (neurosurgery, psychiatry, rehabilitation medicine, internal medicine, pediatrics, geriatrics); residents and fellows; and other healthcare professionals involved in the care of patients with movement disorders (nurse practitioners, nurses, physician assistants, physical therapists).

Accreditation

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

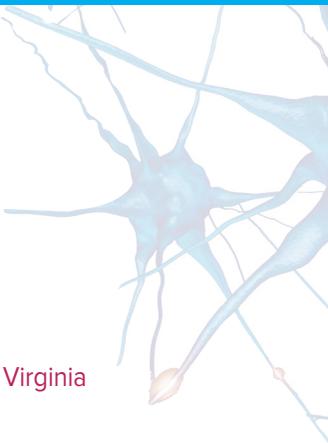
Verification of Attendance

Verification of attendance will be provided to all professionals.

Special Needs

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations please contact the Page and William Black Post-Graduate School of Medicine at 212-731-7950.

PROGRAM



8:00–8:15 AM	WELCOME Vicki Shanker, MD
8:15–9:00	WHAT'S NEW IN PARKINSON DISEASE? Matthew Swan, MD
9:00–10:00	PARKINSON DISEASE DEMENTIA – WHAT CLINICIANS NEED TO KNOW Matthew J. Barrett, MD, MSc, University of Virginia
10:00–10:15	BREAK
10:15–11:00	NAVIGATING THE TWISTS AND TURNS OF DYSTONIA Rachel Saunders-Pullman, MD, MPH
11:00–12:00 PM	“TIC”APEDIA: UPDATE ON TICS AND TOURETTE SYNDROME Joohee Jimenez-Shahed, MD, Baylor College of Medicine
12:00–1:00	LUNCH

1:00–3:45 **BREAKOUT SESSIONS**

Each afternoon session will provide two options. Participants can make their selections based on interest and experience.

1:00–1:45 **SESSION A: DBS FOR MOVEMENT DISORDERS**

UPDATE ON DBS FOR MOVEMENT DISORDERS
Brian Kopell, MD

INTRODUCTION TO DBS PROGRAMMING
Joohee Jimenez-Shahed, MD
Joan Miravite, MSN, BSN, RN, FNP-BC

2:00–2:45 **SESSION B: VIDEO CASE REVIEWS**

DIAGNOSING ATYPICAL PARKINSON DISEASE
Matthew Swan, MD

CHALLENGING MOVEMENT DISORDER CASES
Susan B. Bressman, MD
Rachel Saunders-Pullman, MD, MPH

2:45–3:00 **BREAK**

3:00–3:45 **SESSION C: PARKINSON DISEASE**

SWEATIN' THROUGH THE PD: A GUIDE TO EXERCISE IN
PARKINSON DISEASE
Vicki Shanker, MD

APPROACH TO PSYCHIATRIC ISSUES IN PARKINSON DISEASE
Mark Groves, MD

4:00 **ADJOURN**

Faculty Disclosure

It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.



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FACULTY

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GUEST FACULTY

MATTHEW J. BARRETT, MD, MSC

Associate Professor of Neurology
University of Virginia
Charlottesville, VA

JOOHI JIMENEZ-SHAHED, MD

Associate Professor of Neurology
Associate Director, Neurology
Residency Program
Director, Deep Brain Stimulation Program
Parkinson's Disease Center and
Movement Disorders Clinic
Baylor College of Medicine
Houston, TX

ACGME Competencies

This course is designed to meet one or more of the following Accreditation Council of Graduate Medical Education (ACGME) competencies:

- Patient care
- Medical knowledge
- Interpersonal and communication skills

FACULTY

MARK GROVES, MD

Assistant Clinical Professor, Neurology,
and Psychiatry
Movement Disorder Center
Mount Sinai Downtown

BRIAN KOPELL, MD

Professor of Neurosurgery, Neurology,
Psychiatry, and Neuroscience
Director, Center for Neuromodulation

JOAN MIRAVITE, MSN, BSN, RN, FNP-BC

Movement Disorder Center
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RACHEL SAUNDERS PULLMAN, MD, MPH

Associate Professor of Neurology
Movement Disorder Center
Mount Sinai Downtown

MATTHEW SWAN, MD

Assistant Professor of Neurology
Movement Disorder Center
Mount Sinai Downtown



For Conference Information

Email: cme@mssm.edu or call the
Office of CME at 212-731-7950

Meeting Location

Icahn School of Medicine at Mount Sinai
Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium
The Leon and Norma Hess Center for Science and Medicine
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New York, NY
www.mountsinai.org/about-us/visiting-us/directions



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TWO WAYS TO REGISTER:

Online: <http://mssm.cloud-cme.com>

Mail: this form with your check to:

Icahn School of Medicine at Mount Sinai
The Page and William Black Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029

Enclosed is my check for \$_____ made payable to:
The Page and William Black Post-Graduate School of Medicine

REGISTRATION FEES

- | | |
|---|----------------|
| <input type="checkbox"/> Physicians | \$150 |
| <input type="checkbox"/> Mount Sinai Neurology Alumni | \$ 75 |
| <input type="checkbox"/> Allied Health Professionals | \$ 75 |
| <input type="checkbox"/> Residents/Fellows | \$ 25 |
| <input type="checkbox"/> MSHS Residents/Fellows | Complimentary* |

**Complimentary registration for MSHS Residents and Fellows must be done online.*

Mount Sinai Health System (MSHS) Residents and Fellows must email cme@mssm.edu with a copy of their hospital ID to receive a Complimentary Online Registration Code. MSHS Residency and Fellowship will be verified.

LAST NAME FIRST NAME DEGREE

ADDRESS

CITY STATE ZIP

MOBILE PHONE

EMAIL

INSTITUTION/AFFILIATION SPECIALTY

Cancellation Policy: All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by April 18, 2019. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal or less than \$50.

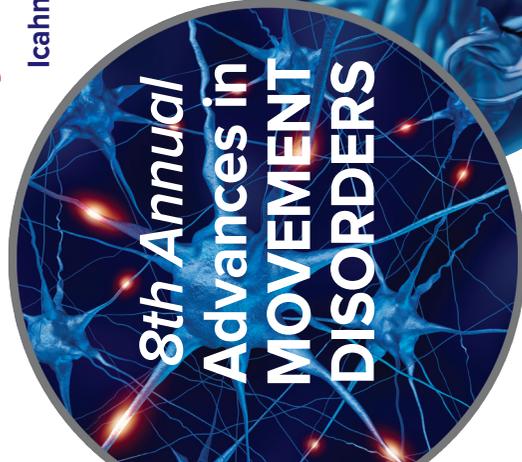
For security purposes, credit card payment cannot be accepted by mail or fax. Please visit <http://mssm.cloud-cme.com> to register and pay by credit card.

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